

St. Peter's Episcopal Church  
4250 N Glebe Road  
Arlington VA 22207

Non-profit Org  
US Postage  
PAID  
Permit # 1397  
Arlington VA

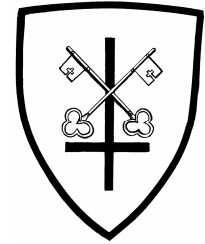
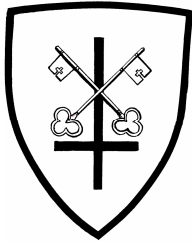
ADDRESS SERVICE REQUESTED

# AUGUST PARISH MEMBER SERVICE SCHEDULE

August is Usher Team 3: Gary C., Margaret C., Bob H., Jay H., Andy O., Mark M., Jack S., Sharon S., Bill S.

	August 1	August 8	August 15	August 22	August 29
<b><u>Acolytes</u></b>					
8:00	Neil G.	Corey K.	Need Volunteer	Graham B.	Need Volunteer
10:00	Alison B., Angel H., Michael F.	Claire C., Alexa L., Sarah C.	Meredith R., Kirsten K., John Pierce D.	Corey K., Megan Z., Angel H.	Elsie G. Meredith R. John Pierce D.
<b><u>Chalicians</u></b>					
8:00	Mike L.	Bill M.	Jessie N.	Ed W.	Tootie K.
10:00	Jeff C. Andy O.	Paul S. Larry S.	Kathi A. Bob W.	Georgeanne J. Thad K.	Sharon S. Keith A.
<b><u>Lay Readers</u></b>					
8:00	Tom B. Suzanne B.	Erika S.	Mike L. Tootie K.	Linda G. Bill S.	Rob W. Suzy W.
10:00	Bettie J. Jay H.	Don C. Rich D.	Jack S. Allen B.	Lisa L. Kathi A.	Rob G. Beth B.
<b><u>Altar Guild</u></b>					
<b>Weekly Team</b>	Jessie N. Catharine G. Nene H.	Suzanne B. Linda G. Sharon J.	Nan W. Pat M. Fran D.	Karen S. Anne J. Jennifer B. Pam P.	Kathryn H. Diane C. Catharine G.

ST. PETER'S EPISCOPAL CHURCH



# THE KEY

AUGUST 2010

*"Called together in Christ, Transformed by God's grace, Sent out to serve."*

## FROM THE ASSISTANT RECTOR

## DATES TO NOTE:

I am struck by how difficult it is to slow down, both our bodies and our brains. I recently went on a 10-day silent retreat at a wonderful Catholic retreat house in Cohasset, Massachusetts. It sits right on the water. It would have been a beautiful location if it hadn't been in the midst of an East Coast early heat wave. However, staying in a 100-year-old house, upstairs, with no air conditioning in 95+ degree weather made me realize how spoiled I've become with air conditioning!

Weather aside, it was an interesting experience. I am fully aware many people would have trouble with 10 days of silence. I didn't; I was grateful for it. There is too much noise in my day-to-day life. What was difficult for me was slowing down and having no schedule, no plans, nothing I had to do. This isn't as strange as it might sound. I wonder how many of you go on vacation and stay so busy that you come home exhausted? I wonder how many of you quickly become bored when you don't have something to do?

If your life is anything like mine, it is overly scheduled. I always have more to do than I can get done in a day. When I leave work, nothing slows down. Of course, my getting ready to leave for 10 days was done in a rush. I endured all the hassles of flying, getting a rental car and getting lost on my way to the retreat house. Then all of a sudden, everything stopped. What was I supposed to *do*? So I found myself

devising a little schedule for myself the first few days!

Over the years I've discovered a pattern to my vacations...on the third day, I become exhausted. It takes that long for me to unwind. The pattern held true on this retreat and on the third day, my self-imposed schedule went out the window and I rested.

Once my body rested though, my mind took over. Getting it to slow down was even more difficult than getting my body to slow down! It took a couple of days more for my mind to quit harassing me. Then I could finally spend the second half of my retreat in silence, resting and praying and not worrying about what I ought to be doing or what would be waiting for me to do when I returned home.

Many things happened during the remainder of the retreat; I want to share two insights with you. One is the need for at least a two-week break from our normal routine. I found it takes nearly a week to slow down. If I'm only off a week, I have to start gearing up as soon as I slow down. I think we need two weeks to really rest and unwind.

The second has to do with the fact that most of us never unwind in our day-to-day lives. Since we don't, it becomes even more difficult to unwind on vacation because our minds and bodies don't know anything but top speed. What if we stopped for a little bit every

- 5 - SOME
- 7,14,21,28 - Icon Writing
- 9,23 - Prayer Group
- 13 - Meals on Wheels
- 15 - Key Articles Due


## INSIDE THIS ISSUE:

PICTORIAL DIRECTORIES	4
MESSAGE FROM BUILDING COMMITTEE	5
ADULT FORUM	7

day? There was recently an article in *Cooking Light* magazine (August 2010, p.65) advocating “staycations.” The article advocates learning how to pace ourselves so we can avoid “the F-State, where you are frazzled, frenetic and frenzied.” For a short time we are to unplug our electronic devices that keep us tethered and do something we enjoy—every day, once a week, once a month. It could be a standing date for lunch with your friends or taking a class in something you’ve always

wanted to learn or playing fetch with your dog or basketball with your children or anything else you love doing. Whatever you do, do it consciously and attentively and you will find yourself on a “staycation.”

Yours in faith,



The Rev. Ann F. M.

## MESSAGE FROM THE SENIOR WARDEN

Earlier this year, and based on the work done by the Vision Task Force and the Planning Committee, the Vestry began its multi-pronged effort to realize improvement to, and/or new construction for, our facilities. The first step was the appointment of a Building Committee, comprised of Gretchen G., Sharon J., Charlie M., Chris S., Bill S., Tony P. (chair), Kristin W., and our Rector, The Rev. Dr. Craig P. This committee has been hard at work, with a principal area of focus being the selection of an architect to assist in our efforts. The committee met in mid-July to finalize its recommendation to the Vestry, and you will find an article from the committee chair in this edition of the *Key*. It provides the details of the work accomplished to date, as well as that planned for the months ahead.

Working on a somewhat parallel track, the Vestry has been interviewing capital campaign consultants, and has received in-person presentations from the Episcopal Church Foundation, the firm of John Compton, and J. D. Klote & Associates, in addition to reading extensively on the topic. The Vestry will consider this aspect of our efforts, along with the recommendation(s) from the Building Committee, later this month. These matters will then be carefully analyzed, taking into account the financial resources needed to accomplish them.

This is very important work, and while it is very demanding in terms of the time devoted by our fellow parishioners, the mission is critical. I am very proud to be associated with the exceptional men and women who are helping chart St. Peter’s future. I also welcome your support as we continue this work.

Kathi A.  
Senior Warden

## PARISH NEWS —

### SUMMER SERVICE SCHEDULE FOR AUGUST

Our summer service schedule will continue through the month of August. The schedule is as follows: 8:00 a.m. - HE, Rite I, 9:00 a.m. - Adult Forum, and 10:00 a.m. - HE, Rite II.

### THANK YOU FOR THE FAMILIES WITH YOUNG CHILDREN COOKOUT

A huge thank you to the Crouches and Marins for planning and hosting a super-fabulous Families with Young Children Cookout on July 11. Laura C. cooked up an amazing amount of food. Nancy M. obtained a several-stories-high double water slide. Both families worked hard at planning and setting up. Everyone had a great time (especially the kids!) and all helped with clean up, making the job a lot easier. Thank you!

### SUNDAY SCHOOL TEACHER TRAINING

Sunday School teachers, please mark your calendars for Saturday, September 11, from 9 a.m. to 1 p.m. We’ll meet and talk about the upcoming Sunday School year and then get ready for the first day. Sunday School begins on September 12.

## PARISH NEWS (CONT.) —

### UBUNTU: A SOUTH AFRICAN WORD AND WAY OF LIFE

During the worship services and Adult Forum on July 18, which was Nelson Mandela Day 2010, St. Peter's parishioners and visitors learned about the South African concept of Ubuntu. Definitions of Ubuntu have been offered by many, including Archbishop Desmond Tutu and Nelson Mandela himself. The following thoughts on the meaning of Ubuntu are excerpted from a February 2010 article by the freelance writer Yvette Davis that appeared in the Bright Hub on-line community. (<http://www.brighthub.com/computing/linux/articles/13953.aspx>)

The word Ubuntu comes from the South African Bantu language family. As a word, it's roughly translated as humanity to others. However, in the South African culture, Ubuntu is more than just a word, it's a philosophical idea. A way to live your life.

The philosophy of Ubuntu means that each person is who they are only because of other people. This is similar to the spiritual philosophy of each human being connected to every other human. And the actions of one affecting the outcome of all...It means each person is defined by the relationships they keep, their treatment of others, and how they care for those in their village or town.

One aspect of Ubuntu dictates that strangers are treated well, and children are cared for by every adult in the village. Ubuntu ensures that no child becomes an orphan, because every adult male and every adult female will become father and mother to a child whose biological parents have died. Another part of Ubuntu is that life is the most important thing. It is to be valued over any sort of material gain. Still a third aspect of Ubuntu maintains that those in charge owe their power to the will of the people they rule. Kings and village leaders are equal to their subjects, and share their wealth with those less fortunate.

None of this means individual needs and desires are to be ignored, however. Ubuntu simply defines those needs within the needs of others. Ubuntu shows it is possible to meet your personal needs and wants while taking under consideration the needs and desires of those around you.

St. Peter's is a community infused with Ubuntu, through our community worship and service to others. As we gather back in September after a nice lazy summer, let us carry forward this South African ideal of Ubuntu in all that we undertake together.

### GODLY PLAY RESUMES IN SEPTEMBER

A new year of Godly Play will begin Sunday, September 12. Godly Play is an approach to children's spiritual formation that is based on creating a sacred space in which to present the stories of our faith and wonder about them together. The approach is based on the Montessori Method of learning, and was developed by Jerome B. Godly Play is offered during the 9:00 service every Sunday except the first Sunday of the month, when the service includes a Children's Sermon.

We plan to continue three classes of Godly Play each Sunday during the 9:00 service, and need seven staff to do so. Many of our staff are returning from last year, but we need a few new adults to join our ranks. If you are interested, please let Scott R. or the Rev. Ann M. know. There will be training sessions for newcomers in late August and again in October. For returning staff, we will offer a half-day Advanced Godly Play Training Course, also in October.

---

## PARISH NEWS (CONT.) —

---

### SOUTH AFRICA MISSION BOOK CLUB

Starting this fall, the South Africa mission committee will begin a series of book club readings open to anyone interested in learning more about the country and its interesting history. This is a fun and informative way to prepare yourself for the mission and the trip of a lifetime. Group Leaders and times will be announced in September...stay tuned. The books featured are:

***The Covenant* by James Michener**

A comprehensive historical overview of South Africa's colonial roots highlighting the Dutch, French Huguenot, San, African and British influences in modern South Africa. It is written in Michener's unique historical fiction style and although a lengthy book, it goes at an easy and fast clip. Great for history buffs!

***Long Walk to Freedom* by Nelson Mandela**

A wonderful profile of the global icon who challenged an unjust regime, sacrificing 27 years of his life in prison, and changed not only South Africa's history but the world. A children's companion is also available. Wonderful for those who enjoy biography.

***Cry the Beloved Country* by Alan Paton**

A literary classic that first drew the world's attention to the unjust situation in South Africa. It highlights how the forces of urbanization and industrialization collided with apartheid and impacted an African family. Also made into a wonderful movie. A short novel and quick read for those who love good fiction.

***We Are All the Same* by Jim Wooten**

A compelling and personal tale of one boy's life dealing with AIDS while keeping his grace and humor. ABC News correspondent Jim Wooten spent time with the boy and his adoptive mother chronicling this poignant story about the tragedy of AIDS and HIV in South Africa and the courage of this young boy to compel the governmental authorities to deal with the crisis. A quick read that gets to the heart of the purpose of our mission. Ideal for those interested in non-fiction and social justice.

---

### FREQUENT FLYER MILES DONATIONS

If you have any frequent flyer miles you won't be using in the next few months, please consider donating them to the South Africa mission. We are looking for creative ways to reduce travel expenses so that anyone with a heart to serve can participate in the mission, regardless of cost. For more details, please contact Anna F.

---

### PICTORIAL DIRECTORIES ARE HERE!

Please pick up your pictorial directory in the Narthex when you are at the church next. There are different boxes. If your picture was taken for the directory there is a directory with your name on it. If you did not have a picture included then you may pick up an unmarked copy from the other box.

## COMMISSION NEWS —

### **BUILDING COMMITTEE MAKING SIGNIFICANT PROGRESS**

Since its formation earlier this year, members of the building committee have spent more than 250 collective hours toward reaching a significant milestone—selection of an architectural firm that will be tasked with developing several design concepts for the renovation of St. Peter's.

The building committee started with careful deliberation to determine the most effective process for St. Peter's, and recommended to the Vestry that hiring an architectural firm experienced with church design would be much more efficient and have far greater result than trying to conduct the work within the St. Peter's family. After receiving approval from the Vestry to proceed, the committee developed an in-depth solicitation outlining the goals and objectives, requirements and schedule of the St. Peter's project. Eleven firms were hand-selected and invited to submit proposals, and ten proposals were received.

The committee conducted an in-depth evaluation and, based on detailed scoring of each proposal, selected the top four ranked firms to deliver oral presentations of their relevant design experience and the process that they would use in working with St. Peter's. The four firms each presented very compelling cases, with two clearly outdistancing themselves from the others. The committee requested cost proposals from the top two firms for final evaluation.

In parallel to the firms' development of their cost proposals, the committee conducted detailed reference checks on both firms, and the Rev. Dr. Craig A. P. held one-on-one meetings with the firms' principals to assess their readiness to work with St. Peter's on this most important project. As a final step in the evaluation process, the committee met on July 14, 2010, to review the results of the reference checks and evaluate the cost proposals. The committee submitted a selection recommendation to the Vestry at the July 20 meeting that will be formally announced to the entire congregation in the coming weeks.

Following the contract's award to the selected firm (projected late July/early August), the balance of 2010 will be focused on the firm's work with St. Peter's to (i) secure the existing conditions of the building and the site information related to the study area, (ii) meet with members of St. Peter's to develop an understanding of the programmatic needs and priorities as well as specific goals and constraints for the project, (iii) develop concept alternatives—within the constraints of a low, medium and higher total project cost—that explore multiple options for addressing current and future programmatic needs, priorities and goals, and (iv) develop the preferred concept plan to a level necessary to define the full impact of proposed modifications on the site and existing building as well as develop a concept cost model for the project.

This phase of the design process (Phase I) is projected to be completed by December 2010 such that it is ready for the 2011 fund-raising campaign. Phase II (detailed construction drawings, groundbreaking and construction of the renovation) will commence following completion of the fund-raising campaign.

Tony P.

---

## COMMISSION NEWS (CONT.) —

---

### MISSION COMMISSION NEWS

July was an exciting month for mission at St. Peter's. We were honored on July 18 with the presence of South Africa's Chargé d'Affaires Johnny Moloto and his family as well as other staff and family from the embassy. Mr. Moloto and the staff brought blankets and food for the needy of Arlington, to be distributed by St. Peter's to the Arlington Street People's Assistance Network (A-SPAN) and the Arlington Food Assistance Center (AFAC).

Mr. Moloto addressed the congregation during the Adult Forum, discussing the current challenges encountered by the South African nation and people. He and the staff also helped to usher and serve at coffee hour. St. Peter's and the embassy staff were marking International Nelson Mandela Day. In South Africa, people are encouraged to contribute 67 minutes of service to their communities, one minute for every year of service and sacrifice given by Nelson Mandela.

In early July, the toiletries and food donations collected in May and June were taken to the Samaritan Ministry of Greater Washington (SMGW) in Arlington. Every year St. Peter's collects and donates food and toiletries for women (in May) and men (in June) in honor of Mother's Day and Father's Day. This year we had collected enough to fill four very large (and very full) shopping bags of toothpaste, shampoo and many other items. All of those items, large and small, will go to the homeless people served by SMGW. For example, on the front desk of the SMGW office in Arlington there sits a basket full of sample-size shampoo and mouthwash for clients to take.

In August, Mission Commission will be collecting housewares and small furniture items for Transitional Housing Corporation (THC) in the District. THC is helping to move several families in the upcoming months from shelters to apartments owned by THC. Lists of needed items will be available in the narthex. Mattresses and box springs must be new but other items can be lightly used or new.

In September there will be an Opportunity Fair during the Adult Forum at which parishioners can learn about the many activities in which to participate at St. Peter's and the many opportunities to serve with the Mission Commission. Please keep an eye out for the exact date and plan to attend.

---

## VESTRY NEWS —

---

### Vestry Highlights July 20, 2010

#### At its July meeting, St. Peter's vestry:

- Heard a report from the Building Committee and adopted the committee's recommendation to hire an architectural firm to develop the design for renovating or adding to St. Peter's building. The vestry thanked the members of the Building Committee for their work so far.
- Accepted the report of the Finance Committee and authorized the Treasurer and Trustees to renew the existing Virginia Commerce Bank loan now due for the remainder of the principle amount plus fees on substantially the same terms.
- Directed the Finance Committee to reestablish a line of credit and directed the Finance Committee to look into the appropriate terms of spend-down authorization.

## VESTRY NEWS (CONT.) —

- Heard a report from the Building and Grounds Committee on establishing a self-sustaining and self-supporting fund for the maintenance of and improvements for the St. Peter's Memorial Garden. The vestry referred to the Finance Committee the task of developing a comprehensive fund policy and specific recommendations for the support of the Memorial Garden, and approved the balance of the report.
- Approved the transfer of previously designated funds to be used toward purchasing a stone for the St. Peter's Memorial Garden to honor the donor family's wishes.
- Advised the Mission Commission and the Finance Committee to plan for reasonable expenditures to send the Rector on the 2011 South Africa mission trip.
- Heard a report from the Communications Committee that it has purchased three additional microphones to replace those that use the prohibited security bandwidth. The church will shortly begin rewiring parts of the building and installing wireless devices to support office functions and computer operations.
- Decided not to run a Fall Fair this year in view of the upcoming capital campaign and the success of the Spring Yard Sale.
- Expressed appreciation to Catharine G. for her work on the new church directory.

## ADULT FORUM —

### Adult Forum

Adult Forum sessions on Sundays between services are designed to serve our community by stimulating our thinking and actions in the Christian faith, exploring timely issues in our church and the world, and as an occasion for discussion about the ongoing activities in missions, worship, education and stewardship at St. Peter's. Topics range from aspects of our faith and worship, to books of the Bible, figures in Christian history, ethical dilemmas and contemporary issues of interest to our community. Discussion leaders come from within our parish community or sometimes are specially invited outside guest speakers, and we try to have two complementary forums to choose from each Sunday. Please contact Jonathan S. with ideas, feedback or to volunteer to lead a discussion.

### Summer Forums

During August, there will be one Adult Forum at 9 A.M. (between the two summer-schedule services) in which we will explore the Gospel of Luke, which is the Gospel we are using in our current lectionary year (Year C). The sessions will be facilitated by Father Craig or another lay parishioner and will cover two or three chapters per week. The idea is for parishioners to read the chapters in advance of the session, so that they can come prepared to ask questions and share insights with one another.

This is a great opportunity to incorporate the Bible into your summer reading schedule. If you have a Kindle, iPhone or iPad, there are free editions of the Bible available for each platform, including the New Revised Standard Version we use in our lectionary. These electronic versions make it easy to take your reading with you on vacation!

### Autumn Forums

We have a full schedule of Forums planned through the end of the year. Topics will include: spiritual books, Godly Play, history of St. Peter's (in preparation for the 50th anniversary celebration in 2011), practical spirituality, stewardship, pastoral care, Jackson-Feild Homes, and St. Francis Xavier. In addition, we will have a thirteen-week Inquirer's Class covering the fundamentals of our faith, tradition and practices.



# St. Peter's Episcopal Church

Please complete the form and e-mail (ndestate@saint-peters.org),  
fax (703) 536-6608, mail, or bring it to the parish office.

## Sunday School Registration 2010-2011

**Student (1)** \_\_\_\_\_

_____	_____	_____
<i>Last name</i>	<i>First name</i>	<i>Middle I.</i>
_____	_____	_____
<i>Date of Birth</i>	<i>Grade</i>	<i>School attending</i>
_____		
<i>Allergies (please list)</i>		

**Student (2)** \_\_\_\_\_

_____	_____	_____
<i>Last name</i>	<i>First name</i>	<i>Middle I.</i>
_____	_____	_____
<i>Date of Birth</i>	<i>Grade</i>	<i>School attending</i>
_____		
<i>Allergies (please list)</i>		

**Student (3)** \_\_\_\_\_

_____	_____	_____
<i>Last name</i>	<i>First name</i>	<i>Middle I.</i>
_____	_____	_____
<i>Date of Birth</i>	<i>Grade</i>	<i>School attending</i>
_____		
<i>Allergies (please list)</i>		

**Student Address:** \_\_\_\_\_

_____	_____	_____	_____
<i>Street</i>	<i>City</i>	<i>State</i>	<i>Zip</i>

**Home Number:** \_\_\_\_\_ **e-Mail Address:** \_\_\_\_\_

## Parent/Guardian & Emergency Contact Information

**Mother/(Guardian):** \_\_\_\_\_ **Cell Phone:** \_\_\_\_\_

**Father/(Guardian):** \_\_\_\_\_ **Cell Phone:** \_\_\_\_\_

**Other Contact Name:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

I understand that this emergency information will be made available to St. Peter's Episcopal Church to help ensure the safety of my child/youth at St. Peter's-sponsored events.

To the best of my knowledge, this information is complete, accurate, and current.

**St. Peter's Episcopal Church**

4250 N Glebe Road  
Arlington VA 22207  
703-536-6606  
Fax: 703-536-6608

Office Hours:  
Monday through Friday: 8:30 a.m. – 4:30 p.m.  
E-mail: [info@saint-peters.org](mailto:info@saint-peters.org)  
Web Site: [www.saint-peters.org](http://www.saint-peters.org)

---

**Staff:**

The Reverend Craig A. Phillips, Ph.D., *Rector*  
The Reverend Ann Martens, *Assistant Rector*  
Don Witman, *Director of Music*  
Emily Koons, *Youth and Junior Choir Director, Organist*  
Nikol Destatte, *Communications Director*  
Christopher Neumann, *Sexton*  
Thomas Gillis, *Sexton Emeritus*

[cphillips@saint-peters.org](mailto:cphillips@saint-peters.org)  
[amartens@saint-peters.org](mailto:amartens@saint-peters.org)  
[stpetersmusic@verizon.net](mailto:stpetersmusic@verizon.net)  
[organistfriend@yahoo.net](mailto:organistfriend@yahoo.net)  
[ndestatte@saint-peters.org](mailto:ndestatte@saint-peters.org)  
[cneumann@saint-peters.org](mailto:cneumann@saint-peters.org)

---

**Vestry:**

Chair: The Reverend Craig A. Phillips, Ph.D.  
Senior Warden: Kathi Argiropoulos (2010)  
Junior Warden: Barret Hildebrand (2011)  
Register: Paul Smith (2010)  
Sue Bentley (2011)  
Margaret Cohea (2011)  
Jeff Cooper (2012)  
Katie Emmons (2012)  
Catharine Gibson (2010)  
Gary Gray (2011)  
Peter Mason (2012)  
Gwyneth Radloff (2012)  
Jack Schick (2010)

**Volunteers:**

Treasurer: Don C.  
Key Editor: Rob G.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> 8:00am - HE, Rite I 9:00am Adult Forum 10:00am - HE, Rite II	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b> 5:45am - SOME	<b>6</b>	<b>7</b> 1:00pm - Icon Writing
<b>8</b> 8:00am - HE, Rite I 9:00am Adult Forum 10:00am - HE, Rite II	<b>9</b> 7:30pm - Prayer Group	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b> 11:00am - Meals on Wheels	<b>14</b> 1:00pm - Icon Writing
<b>15</b> 8:00am - HE, Rite I 9:00am Adult Forum 10:00am - HE, Rite II	<b>16</b> <i>Key Articles Due</i>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b> 1:00pm - Icon Writing
<del>22</del> <b>29</b> 8:00am - HE, Rite I 9:00am Adult Forum 10:00am - HE, Rite II	<del>23</del> <b>30</b>	<del>24</del> <b>31</b>	<del>25</del>	<del>26</del>	<del>27</del>	<del>28</del>

# AUGUST 2010