

St. Peter's Episcopal Church
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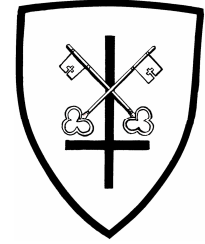
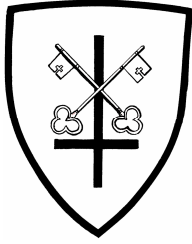
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FEBRUARY PARISH MEMBER SERVICE SCHEDULE

February is Usher Team 2: Peter D., Bruce A., Dick J., Rob M., Len N., Paul S., Marvin S., Bill W., Judy W.

	February 7	February 14	February 21	February 28
<u>Acolytes</u>				
8:00	Volunteer Needed	Neil G.	Volunteer Needed	Corey K.
9:00	Kirsten K., Michael F., Tommy M.	Corey K., Linus S., Megan Z.	Elsie G., Will L., Ward L.	Meredith R., Roberta F., Emily L.
11:00	Alison B., Sarah L., John Pierce D.	Micaela G., Alex G., Erin G.	Claire C., Sarah C., Angel H.	Grace R., Alison B., John Pierce D.
<u>Chalicians</u>				
8:00	Mike L.	Ed W.	Bill M.	Tootie K.
9:00	Georgeanne J. Thad K.	Kathi A. Sue B.	Sue B. Jan G.	Thad K. Sharon S.
11:00	Judith L. Andy O.	Paul S. Larry S.	Alan B. Bob W.	Keith A. Jeff C.
<u>Lay Readers</u>				
8:00	Bill M. Chris A.	Sharon S. Sally H.	Suzann B. Tom B.	Bill S. Linda G.
9:00	Kirsten K. Lisa L.	Jan G. Megan Z.	Elsie G. Jonathan S.	John C. Emily L.
11:00	Carol K. Lorraine G.	Jill R. Beth B.	Len N. Nora S.	Bob W. Ralph H.
<u>Altar Guild Weekly Team</u>				
	Katie E. Legare H. Fernanda F.	Jessie N. Catharine G. Nene H.	Suzanne B. Sharon J. Linda G.	Nan W. Pat M. Fran D.
<u>Greeters</u>				
9:00	Jim & Joyce R.	Katie E.	Catharine G.	Joe D.
11:00	Taffy G.	Richard & Leslie W.	Bill & Judy W.	Ward & Debbie L.

ST. PETER'S EPISCOPAL CHURCH



THE KEY

FEBRUARY 2010

"Called together in Christ, Transformed by God's grace, Sent out to serve."

FROM THE ASSISTANT RECTOR

DATES TO NOTE:

Dear Friends,

I am always surprised by Lent. I seem to not even quite catch my breath following Christmas and suddenly it is time for Lent.

Lent is the period 40 days (not counting Sundays) prior to Easter. It begins on Ash Wednesday, which this year falls on February 17. Ash Wednesday is a day of reflection and preparation for a season of penitence and fasting. On that day, a cross of ashes is placed on the forehead of each person (who wishes it) as a reminder that we are human. All we are and all we have are because of God's graciousness and generosity.

During Lent, we are encouraged to take up a new discipline. Some people choose to go without something that means a lot to them. Some save the money they would have spent on, let's say Starbucks, and give it to an outreach project. Others take on a new endeavor, perhaps an exercise program or an outreach project—something fresh added to the daily routine. Some take up spiritual reading during Lent. I've given up something for Lent since I was a child. I try to choose something difficult to do, something whose absence I will notice. I also take up a special spiritual reading discipline each Lent. The point is that Lent is not "business as usual." It is a time to shake things up and focus on our place in God's creation.

Lent leads up to Holy Week, when we mark the last days of Jesus' life. We start with Palm Sunday, this year on March 28, when we celebrate Jesus' triumphal entry into Jerusalem. We continue on to Maundy Thursday, April 1, where we mark Jesus' Last Supper with his disciples and his betrayal by Judas. Good Friday is a solemn day remembering the day Jesus was crucified, followed by Holy Saturday and the glorious triumph of Easter on April 4.

There are many Lenten opportunities being offered this year, which you can read about elsewhere in this issue. St. Peter's is offering two daytime Lenten programs as well as a family-oriented series on Sunday evenings. The Arlington Episcopal churches are coming together to offer what promises to be a fabulous series called "Mind, Mystery and Matter." The speakers are first-rate and range from the Rt. Rev. David Colin Jones, Bishop Suffragan of the Diocese of Virginia, to the dean of the Virginia Theological Seminary to seminary professors to clergy throughout the area. It promises to provoke thought—a good thing to do during Lent.

There will be three services on Ash Wednesday, including a family service. Holy Week provides many opportunities for worship: a Seder dinner plus three Good Friday services, one of which has become very popular, the Children's Stations of the Cross.

- 2 - 1st Tuesday Meetings
- 3,10,24 - Handbell Choir Practice
- 3,10,24 - Adult Choir Practice
- 4 - SOME
- 4,11,18,25 - Thursday Ears
- 5,12,19,26 - Women's Bible Study
- 6,13,20,27 - Icon Writing
- 8 - Finance Committee Meeting
- 8,22 - Prayer Group
- 9 - 2nd Tuesday Meetings
- 10,24 - Godzilla
- 11 - Trivium Bare Bible Study
- 12 - Meals on Wheels
- 13 - Godly Play Teacher Training
- 14,21 - Children's Choir Practice
- 15 - Office Closed
- 16 - Key Articles Due
- 16 - Vestry
- 16 - 3rd Tuesday Lunch
- 16 - Shrove Tuesday Pancake Supper
- 17 - Ash Wednesday Services
- 18,19,20,23 - Directory Photo Sessions
- 21,28 - Willy Wonka Family Lenten Program
- 23 - Region 3 Lenten Program

INSIDE THIS ISSUE:

LENTEN SERVICES	4
MISSION NEWS	5
REGION 3 LENTEN PROGRAM	10

And the evening before Easter, the Arlington Episcopal churches will come together to celebrate the Easter Vigil at St. Andrew's.

There are a lot of opportunities coming up and I know that perhaps that's the last thing you need, given your already overly busy, overly hectic lives. However, I do believe the Washington, D.C., region, perhaps more than most areas of the country, promotes and even rewards workaholism. I heard one woman describe workaholism recently as contagious. Our children's lives also easily become overly scheduled and hectic, much of that caused by the fierce competition for good schools and colleges. This atmosphere makes it imperative for us to deliberately turn that model on its head once in a while. It's not a bad idea to practice putting Christ ahead of work and sports for 40 days during Lent. It's not enough to tell our children to put God first. They need to see us put those words into practice. We teach more by what we do than what we say.

So, I invite you to "walk the walk" over Lent. I invite you to choose a spiritual discipline and help your children choose one. It could be spiritual reading, a class, or giving up something important to you. It could be any number of things. The point is to shake things up and change your routine a bit. Additionally, I invite you to come to a service on Ash Wednesday and Good Friday. I completely understand the effort that takes. For most of you, it means getting off of work early, rushing home, canceling some afternoon activities and coming to church. Difficult? Yes. Worth it? A resounding yes.

My friends, I invite you to a Holy Lent. On the other side of Lent awaits an absolutely glorious Easter!

In faith,



The Rev. Ann F. Martens

MESSAGE FROM THE SENIOR WARDEN —

When I started my professional career, I found myself in the hospital twice within the first 90 days of my employment, both the result of a collapsed lung. Not a particularly auspicious start for a newbie lawyer. I was sure I would be asked to leave my position. Who would want such a person on their staff? Happily, I was wrong, and I'm still working in the aviation industry.

My start as Senior Warden was right on point. Once again, I found myself in the hospital at the start of a major event in my life. My reflections and learnings from those past events, however, tell me that it's going to be just fine. After all, the only direction possible is up!

I am truly honored to assume this role at St. Peter's. I am blessed, indeed, with a strong and capable Vestry, and wonderful clergy to support and guide me. While I may be a bit slow off the starting blocks, I have every confidence of a strong and successful race.

The Vestry's particular focus this year is twofold: to continue our efforts with respect to improving and enhancing our physical space and to improve our communications capabilities. At the same time, stewardship and program support will continue to be of major importance.

I look forward to working with you this year, and to your personal and financial support as we are "called together in Christ, transformed by God's grace, and sent out to serve."

Kathi
Senior Warden

PARISH NEWS —

A NEW ST. PETER'S PHOTO DIRECTORY

Have you ever wondered who all the new faces are at St. Peter's, or do you find yourself unable to put a name with a face? Have you wished for a new updated pictorial directory? Does your most recent family picture show your college-aged child when he or she was still shorter than either parent? If so, you are in luck. The ever-sharp Fellowship team has engaged the Olan Mills Portrait Studio to prepare a new St. Peter's photo directory, and—if you like the pictures—this will also be an opportunity to get a current family portrait.

Photo sittings will be held on February 18, 19, 20, 23. The 24th is a backup day if needed. Photo hours are from 3:30 to 9 p.m. on the weekdays and from 10 a.m. to 5 p.m. on the Saturday (February 20). Sign-up sheets for sittings will be in the Narthex starting January 17. Also for a limited time you may make an appointment on-line. To sign up on-line go to www.signup.olanmills.com and use St. Peter's phone number (7035366606) as your password.

Each family photographed will receive a free copy of the directory and a free 8x10 family portrait. There is no obligation to purchase portraits, although you certainly may if you wish. You will be photographed and see the proofs immediately thereafter. Please allow an hour for your appointment.

Volunteers are needed to make this project come off smoothly. If you can spare a couple of hours to help with the behind-the-scenes work on photo days, you could help by checking people in and directing traffic among the photo and proof-viewing rooms.

Also, if you have any photographs of St. Peter's activities that you think could be included in the "our community" section of the new photo directory, we'd love to have them. There are several pages of fairly free-form illustrations of parish life for us to fill. Digital pictures are easiest to work with, but prints or slides are OK, too. If you'd like to help design the layout of those pages, please speak up! Call the church office or e-mail Catharine Gibson at gibson@his.com.

SHROVE TUESDAY PANCAKE TRADITION...WITH AN AFRICAN TWIST!

According to the Washington National Cathedral Web site, "shrove" is a term associated with confessing sins—a person is said to be "shrove" or "shriven" when they have confessed. Shrove Tuesday—also known as Fat Tuesday or Mardi Gras—is just before Ash Wednesday, which marks the beginning of Lent. The seriousness of Lent was preceded by merrymaking, and people used up all the rich food in the house in preparation for a fast. At St. Peter's, we've enjoyed the traditional pancake supper as an opportunity for fellowship and to mark the period before Lent.

Many years ago, the Higgs family from South Africa was actively involved in the St. Peter's church community and introduced the idea of African pancakes, sweet and savory crepes, for the Shrove Tuesday evening feast. Not only was this event an opportunity for fellowship, but it demonstrated the extent of the Body of Christ and how our faith connects us, even across oceans, continents and cultures. During their stay, the Higgs family were known for their involvement and enthusiasm to serve the Lord.

In honor of that ideal of fellowship, and to renew our links with South Africa, we are hosting this year's Shrove Tuesday pancake dinner with a mix of American-style pancakes and African sweet and savory crepes. We might also throw in some sausages and some South African Boerewors as well as an English and African blessing. We hope to link our event with our partner church in Cape Town, St. Francis.

Please join us for a very special evening of food and fellowship, here in Arlington and across the Atlantic in South Africa. The dinner will be held Tuesday, February 16. For more information or to become involved, please contact Lyle K.

PARISH NEWS (CONT.)—

UPCOMING LENTEN SERVICES AT ST. PETER'S:

Ash Wednesday, February 17:

7:30 a.m. Holy Eucharist and Imposition of Ashes

6:00 p.m. Family Service with Eucharist and Imposition of Ashes

7:30 p.m. Holy Eucharist and Imposition of Ashes

Maundy Thursday, April 1:

6:00 p.m. Seder Dinner

Good Friday, April 2

12:00 p.m. Good Friday Liturgy and Mass of the Pre-Sanctified

6:00 p.m. Children's Stations of the Cross

7:30 p.m. Good Friday Liturgy and Mass of the Pre-Sanctified

Easter, April 4

8:00 a.m. Holy Eucharist, Rite I

9:00 a.m. Holy Eucharist, Rite II

11:00 a.m. Holy Eucharist, Rite II

SEVEN DEADLY SINS ON THURSDAY MORNINGS

During Lent the Thursday Ears will be examining the Seven Deadly Sins on Thursdays from 10:15 to 11:15 a.m. We will read two short stories about each sin and then discuss. Come join us for the fun! If you are not a Thursday Ears regular, please let the Rev. Ann Martens know you plan to come so she can order enough books.

FRIDAY MORNING LENTEN PROGRAM, BEGINNING FEBRUARY 19

This Lent, the Bible Study Group (which meets Fridays from 7:30 to 8:30 a.m.) will read and reflect on the parable of the Prodigal Son told in Luke 15:11-32, using Henri Nouwen's simple and beautiful book *The Return of the Prodigal Son: A Story of Homecoming* and Rembrandt's spectacular painting *The Return of the Prodigal Son* as our guides. Join us as we explore this parable from the perspectives of the prodigal son, the older brother, and the father. Grow in your understanding of God's love and mercy. Come and appreciate how Scripture, art, and literature can come together to the glory of God, and see how Scripture speaks to us in a very real and current way.

ARE YOU LINKEDIN?

The church has started a group on LinkedIn, a social networking site that concentrates on business and professional connections. Many of us have heard the standing joke about how there's enough expertise in St. Peter's congregation to run a small country. Here's an opportunity to connect with some of that expertise. The St. Peter's group is new and there's a lot we could do with it, from announcements to networking. Join now and help us decide how best to use this new forum—everyone is welcome. If you have a LinkedIn account, look for "St. Peter's Episcopal Church" and join us.

PARISH NEWS (CONT.) —

WILD WILLY'S CANDY FACTORY—INTERGENERATIONAL LENTEN PROGRAM, SUNDAY EVENINGS BEGINNING FEBRUARY 21

Willy Wonka needs someone to take over his candy factory when he retires. What kind of person can do that? Would you be a good candidate? Or do you know someone else who might be? Come help us find out. Mr. Wonka will be visiting St. Peter's for the five Sundays during Lent leading up to Palm Sunday.



Wild Willy is a program based on *Willy Wonka and the Chocolate Factory*. Each week we'll meet some of the characters he is considering to run his factory—and learning about four of the Seven Deadly Sins in the process. The program is for almost all ages—you must be at least five years old and can be as old as 100! Parents (and grandparents), this is something perfect to do with your families.

The evenings will begin at 5:00 p.m. with a simple supper and conclude at 7:00, February 21 through March 21. You can help Mr. Wonka decide. Mark your calendars now!

COMMISSION NEWS —

MISSION COMMISSION NEWS

The New Year was sadly marked by the major earthquake in Haiti. Haiti shares the historic island of Hispaniola with the Dominican Republic, the location of our mission trip last July. The Dominican Republic appears to have been relatively unscathed by the earthquake. While everyone's first impulse is to send medical supplies or water to Haiti, the ways to directly help the survivors are limited by the logistics of aid distribution. A number of organizations, including the Episcopal Relief & Development (ERD) organization, are active in assisting Haiti. We can support ERD by sending money. You can do this by going to their Web site (Haiti Fund at www.er-d.org) or calling 1-800-334-7626, ext. 5129. Donations can also be mailed to Episcopal Relief & Development, P.O. Box 7058, Merrifield, VA 22116-7058. (Write "Haiti Fund" in the memo line of your check.)

ERD will be partnering with the Episcopal Dioceses of Haiti and the Dominican Republic to support rebuilding efforts (funds have already been sent to the dioceses for immediate relief needs). Mission Commission would like to assist in any way possible and seeks ideas from parishioners on how best to help Haiti. We could organize fundraising events, for now, and as time passes perhaps find other ways to help. Please contact Suzanne Brannan (Mission Commission chair) with your ideas.

Two Adult Forums this winter and spring will focus on Mission Commission work. On February 14 the Adult Forum will be a panel discussion on the local mission programs in which St. Peter's participates (Meals on Wheels, Emergency Winter Shelter, So Others Might Eat and Samaritan Ministry of Greater Washington, to name a few). In March, an Adult Forum will focus on international work (efforts in Ghana, South Africa, Kenya and the Dominican Republic, among others).

Mission Commission will be cutting back on general meetings, convening quarterly rather than monthly. Please plan on attending on April 6, July 6 and October 5. The monthly article on Mission Commission news will continue to appear in the *Key* and you may contact the Mission chair any time.

All St. Peter's parishioners, young and old, are invited to take part in our mission activities. Do not hesitate to jump in. Sign-up sheets are in the Narthex (on bulletin boards near the front door) and contact information is always available from the church office at (703) 536-6606.

COMMISSION NEWS (CONT.) —

ST. PETER'S MISSION TO HELP ORPHANS IN SOUTH AFRICA: AN OVERVIEW

“Be kind to widows and orphans...share whatever you have with them.”

What an amazing community St. Peter's is! On short notice a wonderful group of volunteers from our church heeded a call to help children in South Africa and worked hard to sell 550 movie tickets and gift wrap Christmas presents at Tysons Corner Center. By the end of December we were able to send a check for more than \$8200 to our partner church in Cape Town. This money will be used to help build their first foster home for children orphaned by HIV. Thank you to everyone; I am grateful for your support.

When I thought about the amazing outcome of these events, it occurred to me that a warm smile, a tender hug and a cooked meal for the ill or bereaved are some things we do well here at St. Peter's. In our small spiritual community, when tragedy strikes one we all seem to feel the pain. We are family and we take care of one another. You don't have to think hard about it. It's easy.

But what is challenging sometimes is thinking about our relationship to the larger body of Christ, especially when people are halfway around the world and living very different lives from us. St. Peter's immediate and generous response to the suffering of our brothers and sisters in Africa was a wonderful acknowledgement of the kind of community we are. We not only take care of those here at home but we also reach out and remember the larger body of Christ.

Two-thirds of the AIDS sufferers in the world live in Southern Africa. And this year, a total of two million children in South Africa alone will have been orphaned by HIV. It is a humanitarian crisis involving the most vulnerable and innocent. How has the church responded to this unfolding tragedy? The Anglican Archbishop of Cape Town asked every parish to build and maintain at least one home for six children orphaned by HIV. In Simon's Town, a suburb of Cape Town, St. Francis Church is heeding this call, and we are partnering with them to honor God's wish that His people take care of one another.

Leading this initiative at St. Francis is a former St. Peter's family originally from South Africa and now stationed in Cape Town, Rusty and Diana Higgs. Having previously served as the South African Naval Attaché here in Washington, Rusty is now serving as Admiral of the Fleet, based in Simon's Town. Working with a core group of church leaders, they formed the nonprofit St. Francis Trust (www.stfrancistrust.org) and purchased a plot of land in an informal settlement called Masiphumelele (translation from Xhosa: “We will succeed”). The next steps are to raise enough money to build their first home for a family of six orphaned children and a house mother.

For the next few years we will walk this journey of hope with St. Francis and encourage them in their mission to build a home and help these orphans. And hopefully we will develop a long-term relationship with these children through letters, care packages, actual mission trips, and perhaps hosting some of the children for a summer visit.

Against the backdrop of helping these kids is the dynamic country of South Africa. Blessed with a beautiful landscape and different cultures, South Africa has gone through a transformative experience of political reconciliation after apartheid. It is a country trying to live the Biblical principles of confession and forgiveness as it comes to terms with its apartheid history and moves forward to a new era of transformation.

Thanks to all who have responded to this call to assist the least among us in South Africa. Helping others not only honors God, but it can also change you. Perhaps in this process you also will be transformed just like South Africa. Join us!

(Article continues on next page.)

COMMISSION NEWS (CONT.) —

Details:

- Proposed Mission Date: late July/early August 2011
- Everyone welcome to participate, from kids age six and up!
- Participants will pay their own travel costs.

Upcoming Events and Fundraisers

- Tuesday evening, February 16, Shrove Tuesday African Pancake Fellowship Dinner
- Charity Golf Tournament
- Embassy Wine Tasting
- Silent Auction and South African Braai (cookout)

To learn more, e-mail Anna F.

FELLOWSHIP COMMISSION

COFFEE HOUR SOS

Do you enjoy a cup of coffee or tea and a doughnut or baked goodie (or two—it's okay, we won't tell) on Sundays? Do you enjoy the fellowship of Coffee Hour? Of course you do! Do you enjoy coordinating volunteers? Of course you don't! The problem is that to do the first two, we need to do the third. We never seem to have a problem finding people to host coffee hour, but we sure have a hard time finding people willing to be team captains. I don't know why that is, other than the fear of being roped into more than you signed up for. Maybe the title, "captain," scares people off. I do know that nobody wants to be that person all year, but I am finding that it is even a struggle to find twelve people so that we have someone every month.

The Fellowship Commission has been struggling with the coffee hour dilemma for many years. No matter what we do, it always seems to be less than perfect. Even so, I haven't found a single person who wants to do away with coffee hour! So, that means we need to keep trying—and we are proposing a new idea. We believe that finding four people to coordinate three months each will be easier than finding twelve. The good news is that we never seem to have a shortage of people willing to host—we just have a shortage of people who are willing to coordinate. This involves reaching out to the teams via email or phone to get them to sign up for the services, and then asking for volunteers to fill the holes (if there are any). Really, that's all there is to it. I have been filling in for many of the past six months in this role, so I can promise you that this is all you have to do. You don't have to fill the holes if there aren't volunteers—if you announce there is a need, we have no trouble staffing the coffee hours. I will hand over the list of volunteers for each month and the substitutes, which are plenty! All you have to do is send an email or call them to sign them up for service/s in the month they volunteered.

Please let me know if you're willing to serve in this very popular ministry. We need someone to coordinate signups for March-May, June-August, September-November, and December-February. If you are currently a team captain, and are willing to continue as a signup coordinator, your experience will be appreciated. If you are new, you can be assured that it's easy as pie (or in this case, a doughnut!). Please help! Thank you!

Sue B.

VESTRY NEWS —

Vestry Highlights January 2010

At a special meeting January 3, 2010, the vestry elected the following officers for 2010:

- Senior Warden: Kathi A.
- Junior Warden: Barret H.
- Register: Paul S.

At its regular meeting January 19, St. Peter's Vestry:

- Received the Planning Team's report and recommendations. The team will present them to the congregation at the February 7 Adult Forum.
- Assigned vestry liaisons to the Communications Committee, Building and Grounds Committee, Finance Committee, Christian Formation Commission, Personnel Committee, Stewardship Committee, Newcomers Committee, Worship Commission, Fellowship Committee and Region III/Diocese of Virginia. The assignments will appear on the last page of the Sunday bulletin starting January 24.
- Heard from new Treasurer Don C. that 2009 ended with a surplus of at least \$66,000 due to higher than budgeted income and lower than budgeted expenditures.
- Approved a package of recommendations from the Finance Committee to replenish the Maintenance Reserve Fund from the 2009 surplus.
- Approved a request from the Building and Grounds Committee to repair the badly damaged sidewalk, adding disabled access improvements, and replace the air handler unit above the Library. Gary G. told the vestry that the air handler may have caused some of the flooding in the office wing over the past year.
- Discussed St. Peter's brand new LinkedIn group.

ADULT FORUM —

February 7 – Fifth Sunday After the Epiphany

Option I – Planning Team Final Report

The Planning Team will present the results of their work over the last year.

Option II – Saint Xavier, led by Margaret C.

An introduction to this 16th-century Basque missionary who travelled extensively in India and the Far East. She will address how studying him (or any other saint for that matter) can impact the modern world and St. Peter's in particular.

February 14 – Last Sunday After the Epiphany

Option I – The Arts in Worship, led by Meta P.

Option II – Mission Opportunities Panel, led by members of the St. Peter's Mission Commission

Come learn about the variety of ways in which St. Peter's serves the community locally and farther afield.

February 21 – First Sunday in Lent

Option I – Benedictine Virtues, Part 1, led by The Rev. Dr. Craig Phillips.

As we prepare for the "observance of a Holy Lent," the rector will examine resources from the Benedictine tradition that are at the heart of Anglican spirituality. Over the course of two sessions, topics will include the balance of work and prayer, listening (obedience to God), *lectio divina*, "prayer of the hours," and stability.

ADULT FORUM (CONT.) —

Option II – Shrine Mont Summer Camps, led by Paris Ball from the Diocese of Virginia.

February 28 – Second Sunday of Lent

Forums for this day are yet to be scheduled.

MUSIC AT ST. PETER'S —

How Firm a Foundation

1787

Fear not, for I am with you; be not dismayed, for I am your God. I will strengthen you, yes, I will help you, I will uphold you with my righteous hand. Isaiah 41:10

Talk about long pastorates! John Rippon pastored Carter's Lane Baptist Church in London for 63 years, beginning in 1775. He had been born in 1751, so he was in his mid-twenties when he first mounted the Carter's Lane pulpit following his education at the Baptist College in Bristol, England.

During the years of Carter's Lane, Rippon developed a vision for a church hymnal, which he edited, assisted by his Minister of Music, Robert Keene. The resulting volume, *A Selection of Hymns from the Best Authors, Intended to Be an Appendix to Dr. Watts' Psalms and Hymns*, was published in 1787. It was a runaway hit, especially among the Baptists, going through eleven British editions during Rippon's lifetime. An American edition appeared in 1820.

How Firm a Foundation first appeared here. No one knows its author, for the line reserved for the author's name simply bore the letter "K." Many scholars attribute the composition to Keene.

The unique power of this hymn is due to the fact that each of the seven original stanzas were based on various biblical promises. The first verse established the hymnist theme—God's Word is a sufficient foundation for our faith. The author then selected precious promises from the Bible, and converted these into hymn stanzas, among them:

- Isaiah 41:10—*Fear not, for I am with you; be not dismayed, for I am your God. I will strengthen you, yes, I will help you, I will uphold you with my righteous hand.*
- Isaiah 43:2—*When you pass through the waters, I will be with you; and through the rivers, they shall not overflow you. When you walk through the fire, you shall not be burned, nor shall the flames scorch you.*
- 2 Corinthians 12:9—*My grace is sufficient for you, for my strength is made perfect in weakness. Therefore most gladly I will rather boast in my infirmities, that the power of Christ may rest upon me.*
- Hebrews 13:5—*For He Himself has said, "I will never leave you nor forsake you."*

No wonder this hymn was first published under the title "Exceedingly Great and Precious Promises."

Excerpted from: *Then Sings My Soul* (Robert J. Morgan, Thomas Nelson Publishers, 2003, pg. 83)

Arlington Episcopal Lenten Study Series 2010

“Mind, Matter and Mystery”

February 23

“The Physics of Prayer”

The Very Rev. Ian Markham, Dean, Virginia Theological Seminary

St. George’s Episcopal Church
915 N. Oakland St., Arlington, VA 22207-1916

March 2

“The Power of Love”

The Rt. Rev. David Jones, Bishop Suffragan of the Diocese of Virginia

St. Michael’s Episcopal Church
1132 N. Ivanhoe St., Arlington, VA 22205-2445

March 9

“Soul Searching”

Dr. Elisabeth (Lisa) Kimball, Virginia Theological Seminary

Trinity Episcopal Church
2217 Columbia Pike, Arlington, VA

March 16

“The Mystery of the Trinity”

Ms. Peggy Parker, Virginia Theological Seminary

St. Peter’s Episcopal Church
4250 N. Glebe Rd., Arlington, VA 22207-4508

March 23

“The Mind of the Spirit”

The Rev. Dr. Walter Eversley, Diocese of Maryland

St. Mary’s Episcopal Church
2609 N. Glebe Rd., Arlington, VA 22207-3501

March 30

“The Life to Come”

The Rev. Martin Smith, St. Columba’s Episcopal Church, Washington, D.C.

St. John’s Episcopal Church
415 S. Lexington St., Arlington, VA 22204-1226

April 3

The Great Vigil of Easter at St. Andrew’s

7:30 p.m.

St. Andrew’s Episcopal Church
4000 Lorcom Lane, Arlington, VA 22207-3937

Each Tuesday evening session begins with a simple supper at the host church at 6:30 p.m., features the program for adults at 7:30 p.m., and ends with a short Compline service at 8:30 p.m. Nursery care will be provided. For the final session we shall have a joint celebration of The Great Vigil of Easter. We invite absolutely everyone to attend as many sessions as able!



Balance due SUNDAY MARCH 28, 2010

SHRINE MONT RETREAT CENTER
ORKNEY SPRINGS, VIRGINIA
APRIL 23-25, 2010

S T. PETER'S PARISH RETREAT

To reserve your space, complete this registration form **before** SUNDAY FEBRUARY 28th, 2010 and put it with a **NON-REFUNDABLE DEPOSIT** of **\$25.00 per person** in either the envelope on Narthex bulletin board or the file folder on the desk in the Church Office. You are welcome to make your entire payment with registration, just remember that a portion of it will be non-refundable. Make your check payable to **St. Peter's** and note **Shrine Mont** on the memo line. Cost covers 2 nights lodging, 6 meals, meal tip, activities, and supplies. Scholarships are available - please contact the Church Office.

WEEKEND COST: \$160.00 – per adult (13 years and older)
\$110.00 – per child 8-12 years old
\$ 60.00 – per child 4-7 years old
\$ 25.00 – per child 0-3 years old

<u>NAME</u> as you would like it on <u>NAME TAG</u>	<u>GENDER</u>	<u>AGE</u>	<u>COST</u>
Adult: _____ (LAST) (FIRST) M/F		xxxx	\$ _____
Adult: _____ (LAST) (FIRST) M/F		xxxx	\$ _____
Child: _____ (LAST) (FIRST) M/F		AGE	\$ _____
Child: _____ (LAST) (FIRST) M/F		AGE	\$ _____
Child: _____ (LAST) (FIRST) M/F		AGE	\$ _____
Child: _____ (LAST) (FIRST) M/F		AGE	\$ _____

SUM OF ABOVE : _____
MINUS DEPOSIT: _____
BALANCE DUE: _____

TODAY'S DATE _____
ADDRESS _____ ZIP _____
PHONE (H) _____ (W) _____
E-MAIL _____

****Housing will be assigned based on date of receipt of completed registration form with deposit.****

Is this your first time at Shrine Mont? _____

If you attended Shrine Mont last year, would you prefer the same housing IF POSSIBLE? _____

IF POSSIBLE, if there is another family you would like to have share housing, please list name: _____

If you are a family of 3, IF POSSIBLE with whom would your child like to share a room? _____

Are you willing to be housed where fellow parishioners might gather after planned evening activities end? _____

Please list any special needs (i.e. dietary, handicap room): _____

QUESTIONS? LISA L.
 TAFFY G.
 EL L.

2010 VOLUNTEER FORM

Organizers/Coordinators Wanted!

We need your help for St. Peter's Parish Weekend at Shrine Mont!

****CHECK AREAS WHERE YOU MIGHT LIKE TO HELP****

NAME _____ (please identify which family member will help)

- _____ Mailing Shrine Mont Information Letters –Wednesday, April 7, at Church at 11 a.m.
- _____ Assembling Shrine Mont Welcome Packets - Wednesday, April 21, at Church at 10 a.m.
- _____ Arts & Crafts – face-painting, mural making, beadwork, etc.
- _____ Banner Hanging – must be at Shrine Mont before 3:00 p.m. on Friday, April 23
- _____ Bonfire
- _____ Bridge, Card & Board Games
- _____ Family Olympics
- _____ Fishing Derby
- _____ Friday Night Kickoff & Ice Breaker
- _____ Golf on Friday before Shrine Mont Weekend begins
- _____ Group Grace
- _____ Guitar Playing
- _____ Hikes
- _____ Hospitality Host during Friday's registration
- _____ Host for First-Timers to Shrine Mont
- _____ Host for Speaker
- _____ Housing – must be available for Reconnaissance Trip on Wednesday April 7 (all day)
- _____ Ice Cream Social
- _____ Jigsaw Puzzle
- _____ Name Tags
- _____ Nips & Nibbles – Saturday pre-dinner social
- _____ Photography
- _____ Placement of Direction Signs – must do before 3:00 p.m. on Friday
- _____ Registrar Trainee
- _____ Sing-Alongs & Transporter of Song Books
- _____ Tee-Shirt Coordinator
- _____ Transporter of Sound System
- _____ Sports: ___Badminton ___Softball ___Football ___Soccer ___Tennis
- _____ Volunteer Coordinator
- _____ "World Renowned St. Peter's Talent Show"

We are always looking for new ideas and ways to make this weekend more enjoyable for all of us. If there is something not on this list that you are willing to organize and/or lead, please let us know!

QUESTIONS? Please contact Lisa Lettau at 703-527-5601 or lglettau@gmail.com

St. Peter's Episcopal Church

4250 N Glebe Road
Arlington VA 22207
703-536-6606
Fax: 703-536-6608

Office Hours:
Monday through Friday: 8:30 a.m. – 4:30 p.m.
E-mail: info@saint-peters.org
Web Site: www.saint-peters.org

Staff:

The Reverend Craig A. Phillips, Ph.D., *Rector*
The Reverend Ann Martens, *Assistant Rector*
Don Witman, *Director of Music*
Emily Koons, *Youth and Junior Choir Director, Organist*
Nikol Destatte, *Communications Director*
Christopher Neumann, *Sexton*
Thomas Gillis, *Sexton Emeritus*

cphillips@saint-peters.org
amartens@saint-peters.org
stpetersmusic@verizon.net
organistfriend@yahoo.net
ndestatte@saint-peters.org
cneumann@saint-peters.org

Vestry:

Chair: The Reverend Craig A. Phillips, Ph.D.
Senior Warden: Kathi A. (2010)
Junior Warden: Barret H.(2011)
Register: Paul S. (2010)
Sue B.(2011)
Margaret C. (2011)
Jeff C. (2012)
Katie E.(2012)
Catharine G. (2010)
Gary G. (2011)
Peter M.(2012)
Gwyneth R.(2012)
Jack S.(2010)

Volunteers:

Treasurer: Don C.
Key Editor: Rob G.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 7:15pm - 1st Tuesday Meetings	3 6:30pm - Handbell Choir Practice 7:30pm - Adult Choir Practice	4 6:00am - SOME 10:15am - Thursday Ears	5 7:30am - Women's Bible Study	6 12:00pm - Icon Writing
7 8:00am - HE, Rite I 9:00am - HE, Rite II 10:00am - Sunday School, The 10 Spot, Adult Forum 11:00am - HE, Rite II	8 7:30pm - Finance Committee Meeting 7:30pm - Prayer Group	9 7:15pm - 2nd Tuesday Meetings	10 6:30pm - Handbell Choir Practice 7:00pm - Godzilla 7:30pm - Adult Choir Practice	11 10:15am - Thursday Ears 7:00pm - Trivium Bare Bible Study	12 7:30am - Women's Bible Study 11:00am - Meals on Wheels	13 9:00am - Godly Play Teacher Training 12:00pm - Icon Writing
14 8:00am - HE, Rite I 9:00am - HE, Rite II 10:00am - Sunday School, The 10 Spot, Adult Forum 11:00am - HE, Rite II 11:00am - Children's Choir Practice	15 <i>Office Closed</i>	16 <i>Key Articles Due</i> 12:00pm - Third Tuesday Lunch 6:00pm - Shrove Tuesday Pancake Supper 7:00pm - Vestry	17 <i>Ash Wednesday</i> 7:30am - HE, Rite II & Imposition of Ashes 6:00pm - HE, Rite II & Imposition of Ashes 7:30pm - HE, Rite II & Imposition of Ashes	18 10:15am - Thursday Ears 3:00pm - Directory Photo Sessions	19 7:30am - Women's Bible Study 3:00pm - Directory Photo Sessions	20 10:00am - Directory Photo Sessions 12:00pm - Icon Writing
21 8:00am - HE, Rite I 9:00am - HE, Rite II 10:00am - Sunday School, The 10 Spot, Adult Forum 11:00am - HE, Rite II 11:00am - Children's Choir Practice 5:00pm - Willy Wonka Family Lenten Program	22 7:30pm - Prayer Group	23 3:00pm - Directory Photo Sessions 6:30pm - Region 3 Lenten Program	24 6:30pm - Handbell Choir Practice 7:30pm - Adult Choir Practice 7:30pm - Godzilla	25 10:15am - Thursday Ears	26 7:30am - Women's Bible Study	27 12:00pm - Icon Writing
28 8:00am - HE, Rite I 9:00am - HE, Rite II 10:00am - Sunday School, The 10 Spot, Adult Forum 11:00am - HE, Rite II 5:00pm - Willy Wonka Family Lenten Program	<h1>FEBRUARY 2010</h1>					